

EGK_SWISS 5 DAYS ORIENTEERING

20 to 24 May 2020

Bulletin 1 – General Information



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Organisation Association Neuchâteloise de Course d'Orientation (ANCO, 50th anniversary!)	
Event Centre (EC) Pierre-à-Bot above the city of Neuchâtel (Switzerland). Coordinates N47.002557 / E6.911921. Accessible with public transport system: train station SBB Neuchâtel, then by bus 109 (10'). Parking is close to the event centre: fee CHF 10.00 for all 5 days or CHF 3.00 / day.	
Dates From Wednesday to Sunday, 20 to 24 May 2020 (weekend of Pentecost).	
Competition format 5 stages with overall results calculated with the 4 bests results (point values). Competition rules by Swiss Orienteering. SPORTident with SIAir+ activated. Stages 2 and 5 are "national events" for Swiss runners. Stages 1, 3 and 4 are regional events for Swiss runners.	
Stage 1 Format Start times Map Course-setter, controller	Wednesday, 20 May 2020 Forest sprint (long) From 17:30 to 20:00 Puits-Godet, 1:5'000, spring 2020 Arnaud Ecabert, Grégoire Perret
Stage 2 Format Start times Map Course-setter, controller	Thursday, 21 May 2020 Long distance (6. CO **A) From 09:30 to 12:30 Chaumont – Tête Plumée, 1:15'000 / 1:10'000, spring 2020 Alain Berger, Stefan Lauenstein
Stage 3 Format Start times Map Course-setter, controller	Friday, 22 May 2020 Middle distance From 09:30 to 12:30 Trois Bornes, 1:10'000 / 1:7'500, spring 2020 André Tissot, Luc Béguin
Stage 4 Format Start times Map Course-setter, controller	Saturday, 23 May 2020 Long distance From 09:30 to 12:30 Trembley, 1:15'000 / 1:10'000, spring 2020 Stefan Lauenstein, Alain Berger
Stage 5 Format Start times Map Course-setter, controller	Sunday, 24 May 2020 Urban sprint (7. CO **A) From 09:30 to 12:00 Neuchâtel, 1:4'000, spring 2020 Gilles Renaud, Jérôme Attinger

Categories

All categories are offered according to the competition rules Art. 42 of Swiss Orienteering including H/D 10.

Additional classes: H/D 50K but without points counting towards the Swiss Annual Ranking.
Open classes: short, middle, long, sCOOL

Registration

Online through www.go2ol.ch with payment online

Classical registration

Bank transfer to account 30-558909-4, SOLV Schweiz. OL-Verband, online Startgelder, Reiserstrasse 75, 4600 Olten, IBAN: CH78 0900 0000 3055 8909 4.

Indicate your name, first name, address, category, year of birth, club and SI-Card number.

Open categories

Registration only on site at the EC on the day of the race.

Entry fees and deadlines

Possibility of signing-up for either the entire 5 days or only stages E2 / E5 separately.
Participants of the 5 days will have a souvenir prize included in their registration fee.

EGK Swiss 5 Days Orienteering 2020		
	<i>Until 31.01.2020</i>	<i>From 01.02 to 27.04.2020</i>
2004 and younger	CHF 70.00	CHF 80.00
2000 - 2003	CHF 90.00	CHF 110.00
1999 and older	CHF 135.00	CHF 160.00
	E2 (6. CO Nat), inclusive transport	E5 (7. CO Nat)
	<i>Until 27.04.20</i>	<i>Until 27.04.20</i>
2004 and younger	CHF 18.00	CHF 15.00
2000 - 2003	CHF 24.00	CHF 20.00
1999 and older	CHF 35.00	CHF 30.00
Open categories, registration every day on site only (EC)		
All ages	CHF 20.00 + CHF 5.00 for additional map	

Late registration and mutations

Until 15.05.2020 as long as space is still available through mail to info@swiss5days2020.ch.

Cost: additional CHF 10.00 per course or CHF 20.00 for all 5 days.

Cost for mutations is CHF 10.00. Mutation of SI-Card Nr. is free.

Event information (Bulletin 2)

They will be published on www.swiss5days2020.ch after 10.05.2020.

Start lists

Published on www.swiss5days2020.ch and www.swiss-orienteering.ch after 10.05.2020.

Anti-doping

Runners in the categories H/D20, DE, HE can only start if they have read and signed the anti-doping athlete's agreement of Swiss Olympic, <https://www.swiss-orienteeing.ch/de/ethik/uebersicht-antidoping.html> (choose your language).

Insurance

Every participant is responsible for his/her own insurance. The organisers decline any responsibility for legal claims against injuries or incidents that may occur.

Ticks

The competition zones and the season may be beneficial for tick bites. Participants are responsible to take their own appropriate precaution.

Supporting programs

Orienteering for kids next to the EC or the arena during stages 2 to 4.

Childcare for kids over 2 years. More information in bulletin 2.

Warm meals will be served daily in the EC /arena.

Accommodations

Hotels: www.neuchatel-tourisme.ch

* **Camping:** close to the event centre including WC and showers:

CHF 100.00 per 5x5 m space + CHF 20.00 /person for 18 years and older for the 5 days.

* **Camper vans:** close to the event centre including WC and showers:

CHF 100.00 per 5x5 m space + CHF 20.00 /person 18 years and older for the 5 days.

* **Mandatory reservation** with registration, however, payment on site at the info; visitor's tax included.

IMPORTANT: All participants lodging in the canton of Neuchâtel will receive the NTC Neuchâtel Tourist Card which gives access to free public transportation and entry to 28 museums and more! <https://www.j3l.ch/en/Z10779/neuchatel-tourist-card-page>

Tourism

Take advantage of your visit in Neuchâtel! Check under www.neuchatel-tourisme.ch.

Organisation

President of OC	Alain Juan
Meet director	Jan Béguin
TD	André Schöpfer (E2, 6. CO Nat) / Konrad Becker (E5, 7. CO Nat)
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