

# EGK\_SWISS 5 DAYS ORIENTEERING

## 20 to 24 May 2020

### Bulletin 1 – General Information



#### Presenting Sponsor



#### Gold



#### Silver



#### Bronze



#### Partners



#### Organisations



<b>Organisation</b> Association Neuchâteloise de Course d'Orientation (ANCO, 50th anniversary!)	
<b>Event Centre (EC)</b> Pierre-à-Bot above the city of Neuchâtel (Switzerland). Coordinates N47.002557 / E6.911921. Accessible with public transport system: train station SBB Neuchâtel, then by bus 109 (10'). Parking is close to the event centre: fee CHF 10.00 for all 5 days or CHF 3.00 / day.	
<b>Dates</b> From Wednesday to Sunday, 20 to 24 May 2020 (weekend of Pentecost).	
<b>Competition format</b> 5 stages with overall results calculated with the 4 bests results (point values). Competition rules by Swiss Orienteering. SPORTident with SIAir+ activated. Stages 2 and 5 are "national events" for Swiss runners. Stages 1, 3 and 4 are regional events for Swiss runners. Stage 5 is considered a "WRE" event for DE/HE. Please open an account on "IOF Eventor".	
<b>Stage 1</b> Format Start times Map Course-setter, controller	<b>Wednesday, 20 May 2020</b> Forest sprint (long) From 17:30 to 20:00 Puits-Godet, 1:5'000 (spring 2020) Arnaud Ecabert, Grégoire Perret
<b>Stage 2</b> Format Start times Map Course-setter, controller	<b>Thursday, 21 May 2020</b> Long distance (6. CO **A) From 09:30 to 12:30 Chaumont – Tête Plumée, 1:15'000, 1:10'000, 1:7'500 (2020) Alain Berger, Stefan Lauenstein
<b>Stage 3</b> Format Start times Map Course-setter, controller	<b>Friday, 22 May 2020</b> Middle distance From 09:30 to 12:30 Trois Bornes, 1:10'000, 1:7'500, spring 2020 André Tissot, Luc Béguin
<b>Stage 4</b> Format Start times Map Course-setter, controller	<b>Saturday, 23 May 2020</b> Long distance From 08:30 to 11:30 Trembley, 1:15'000, 1:10'000, 1:7'000 (spring 2020) Stefan Lauenstein, Alain Berger
<b>Stage 5</b> Format Start times Map Course-setter, controller	<b>Sunday, 24 May 2020_WRE (World Ranking Event)</b> Urban sprint (7. CO **A) From 09:30 to 12:00 Neuchâtel, 1:4'000, 1:3'000 (spring 2020) Archibald Soguel, Jérôme Attinger

**Categories**

All categories are offered according to the competition rules Art. 42 of Swiss Orienteering including H/D 10.

Additional classes: H/D 50K but without points counting towards the Swiss Annual Ranking.  
Open classes: short, middle, long, sCOOL

**Registration**

Online through [www.go2ol.ch](http://www.go2ol.ch) with payment online

**Classical registration**

Bank transfer to account 30-558909-4, SOLV Schweiz. OL-Verband, online Startgelder, Reiserstrasse 75, 4600 Olten, IBAN: CH78 0900 0000 3055 8909 4.

Indicate your name, first name, address, category, year of birth, club and SI-Card number.

**Open categories**

Registration only on site at the EC on the day of the race.

**Entry fees and deadlines**

Possibility of signing-up for either the entire 5 days or only stages E2 / E5 separately.  
Participants of the 5 days will have a souvenir prize included in their registration fee.

<b>EGK Swiss 5 Days Orienteering 2020</b>		
	<b><i>Until 31.01.2020</i></b>	<b><i>From 01.02 to 27.04.2020</i></b>
2004 and younger	CHF 70.00	CHF 80.00
2000 - 2003	CHF 90.00	CHF 110.00
1999 and older	CHF 135.00	CHF 160.00
	<b>E2 (6. CO Nat), inclusive transport</b>	<b>E5 (7. CO Nat)</b>
	<b><i>Until 27.04.20</i></b>	<b><i>Until 27.04.20</i></b>
2004 and younger	CHF 18.00	CHF 15.00
2000 - 2003	CHF 24.00	CHF 20.00
1999 and older	CHF 35.00	CHF 30.00
<b>Open categories, registration every day on site only (EC)</b>		
All ages	CHF 20.00 + CHF 5.00 for additional map	

**Late registration and mutations**

Until 15.05.2020 as long as space is still available through mail to [info@swiss5days2020.ch](mailto:info@swiss5days2020.ch).  
Cost: additional CHF 10.00 per course or CHF 20.00 for all 5 days.  
Cost for mutations is CHF 10.00. Mutation of SI-Card Nr. is free.

**Event information (Bulletin 2)**

They will be published on [www.swiss5days2020.ch](http://www.swiss5days2020.ch) after 10.05.2020.

**Start lists**

Published on [www.swiss5days2020.ch](http://www.swiss5days2020.ch) and [www.swiss-orienteering.ch](http://www.swiss-orienteering.ch) after 10.05.2020.

**Anti-doping**

Runners in the categories H/D20, DE, HE can only start if they have read and signed the anti-doping athlete's agreement of Swiss Olympic, <https://www.swiss-orienteeing.ch/de/ethik/uebersicht-antidoping.html> (choose your language).

**Insurance**

Every participant is responsible for his/her own insurance. The organisers decline any responsibility for legal claims against injuries or incidents that may occur.

**Ticks**

The competition zones and the season may be beneficial for tick bites. Participants are responsible to take their own appropriate precaution.

**Supporting programs**

Orienteering for kids next to the EC or the arena during stages 2 to 4.

Childcare for kids over 2 years. More information in bulletin 2.

Warm meals will be served daily in the EC /arena.

**Accommodations**

**Hotels:** [www.neuchateltourisme.ch](http://www.neuchateltourisme.ch)

\* **Camping:** close to the event centre including WC and showers:

CHF 100.00 per 5x5 m space + CHF 20.00 /person for 18 years and older for the 5 days.

\* **Camper vans:** close to the event centre including WC and showers:

CHF 100.00 per space + CHF 20.00 /person 18 years and older for the 5 days.

\* **Mandatory reservation** with registration, however, payment on site at the info; visitor's tax included.

IMPORTANT: All participants lodging in the canton of Neuchâtel will receive the NTC Neuchâtel Tourist Card which gives access to free public transportation and entry to 28 museums and more! <https://www.j3l.ch/en/Z10779/neuchatel-tourist-card-page>

**Tourism**

Take advantage of your visit in Neuchâtel! Check under [www.neuchateltourisme.ch](http://www.neuchateltourisme.ch).

**Organisation**

President of OC	Alain Juan
Meet director	Jan Béguin
TD	André Schöpfer (E2, 6. CO Nat) / Konrad Becker (E5, 7. CO Nat)
Media	Anaïs Cattin <a href="mailto:cattinanaïs@gmail.com">cattinanaïs@gmail.com</a>
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